

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Hammer (Gold)			TIME		16.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	352	James BEDFORD	Kingston Upon Hull Ac	U20 Men	58.50	NT	64.34	64.34	7	60.34	62.99	60.84	64.34	8	
2	303	Matthew LAMBLEY	Trafford Ac	U20 Men	60.22	65.10	64.69	65.10	6	NT	64.82	65.54	65.54	6	
3	302	Amir WILLIAMSON	Blackheath And Bromley H	U20 Men	NT	NT	NT			64.77	NT	NT	64.77	7	
4	301	Alex SMITH	Sale Harriers Manchester	U20 Men	69.89	71.72	NT	71.72	1	69.37	NT	71.52	71.72	1	
5	319	Steve MINNIKIN	City Of Sheffield Ac	Senior Men											
6	318	Malcolm FENTON	Ipswich Harriers	Senior Men											
7	317	Craig ELLAMS	Sale Harriers Manchester	Senior Men	55.83	NT	57.23	57.23	10	NT	57.12	NT	57.23	11	
8	316	Glen-Campbell KERR	Bedford And County	Senior Men	60.57	NT	60.04	60.57	8	61.04	NT	NT	61.04	9	
9	315	John OSAZUWA	Belgrave Harriers	Senior Men	58.84	60.09	NT	60.09	9	57.95	NT	NT	60.09	10	
10	314	Simon BOWN	Newham & Essex	Senior Men	64.12	62.48	65.45	65.45	5	NT	65.74	65.99	65.99	5	
11	313	Mike FLOYD	Sale Harriers Manchester	Senior Men	66.24	NT	59.98	66.24	4	65.18	64.94	65.46	66.24	4	
12	312	Andy FROST	Woodford Green	Senior Men	NT	NT	66.99	66.99	3	71.19	NT	70.31	71.19	2	
13	320	Dave LITTLE	Border H	Senior Men	50.63	NT	NT	50.63	11	NT	52.94	NT	52.94	12	
14	307	Peter SMITH	Hull Achilles	U17 Men	67.27	64.52	67.47	67.47	2	NT	68.70	NT	68.70	3	
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	301	Alex SMITH	Sale Harriers Manchester	71.72	9	316	Glen-Campbell KERR	Bedford And County	61.04		
2	312	Andy FROST	Woodford Green	71.19	10	315	John OSAZUWA	Belgrave Harriers	60.09		
3	307	Peter SMITH	Hull Achilles	68.70	11	317	Craig ELLAMS	Sale Harriers Manchester	57.23		
4	313	Mike FLOYD	Sale Harriers Manchester	66.24	12	320	Dave LITTLE	Border H	52.94		
5	314	Simon BOWN	Newham & Essex	65.99	13						
6	303	Matthew LAMBLEY	Trafford Ac	65.54	14					REFEREE'S SIGNATURE	
7	302	Amir WILLIAMSON	Blackheath And Bromley Harr	64.77	15						
8	352	James BEDFORD	Kingston Upon Hull Ac	64.34	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Hammer (Silver)			TIME		13.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	309	Samuel COE	City Of Norwich Ac	U17 Men	59.69	59.34	NT	59.69	3	NT	NT	57.38	59.69	4	
2	308	Chris BENNETT	Shaftesbury Barnet Harrier	U17 Men											
3	307	Peter SMITH	Hull Achilles Ac	U17 Men	61.23	NT	67.92	67.92	1	66.71	65.58	66.33	67.92	1	
4	353	Alistair WILLIAMSON	Blackheath And Bromley H	U20 Men	54.16	58.37	57.64	58.37	4	57.06	57.10	59.91	59.91	3	
5	302	Amir WILLIAMSON	Blackheath And Bromley H	U20 Men	NT	NT	66.30	66.30	2	NT	NT	NT	66.30	2	
6															
7	327	Sean PENNY	Cheltenham And County Ha	Senior Men	36.35	44.50	42.76	44.50	8	41.65	NT	NT	44.50	8	
8	326	Darren KERR	Bedford And County	Senior Men											
9	325	Wayne POWELL	Gloucester	Senior Men	45.76	NT	NT	45.76	7	NT	47.21	48.65	48.65	7	
10	324	Matthew RICHARDS	Swansea Harriers	Senior Men	NT	50.39	52.26	52.26	6	52.40	50.18	51.77	52.40	6	
11	323	Matt FRAMPTON	Bournemouth	Senior Men											
12	322	Stuart THURGOOD	Watford Harriers	Senior Men											
13	321	Roger BATE	Trafford	Senior Men											
14	320	David LITTLE	Border Harriers	Senior Men	52.62	53.39	54.03	54.03	5	53.72	54.47	54.00	54.47	5	
15	317	Craig ELLAMS	Sale	Senior Men											
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	307	Peter SMITH	Hull Achilles Ac	67.92	9						
2	302	Amir WILLIAMSON	Blackheath And Bromley Harr	66.30	10						
3	353	Alistair WILLIAMSON	Blackheath And Bromley Harr	59.91	11						
4	309	Samuel COE	City Of Norwich Ac	59.69	12						
5	320	David LITTLE	Border Harriers	54.47	13						
6	324	Matthew RICHARDS	Swansea Harriers	52.40	14						
7	325	Wayne POWELL	Gloucester	48.65	15						
8	327	Sean PENNY	Cheltenham And County Harri	44.50	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Hammer (Bronze)			TIME		15.15	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	373	Iain LAWRENCE	Marshall Milton Keynes	U17 Men	NT	37.83	NT	37.83	11	NT	NT	38.28	38.28	11	
2	372	Michael TOMMEY	Gloucester	U17 Men	34.85	40.42	NT	40.42	10	42.75	43.00	43.61	43.61	10	
3	371	B FLASH	Dacorum & Tring	U17 Men	42.32	41.35	45.07	45.07	9	45.06	44.97	NT	45.07	9	
4	370	Sam CHAPPELL	Bournemouth Ac	U17 Men	44.57	45.53	42.41	45.53	7	NT	NT	NT	45.53	7	
5	369	Joe BLOOMFIELD	Ipswich Harriers	U17 Men	42.67	45.22	NT	45.22	8	43.77	44.50	NT	45.22	8	
6	368	Steven BRUNSDEN	Bournemouth Ac	U17 Men	NT	47.03	47.31	47.31	5	48.63	49.02	NT	49.02	5	
7	367	Alex WARNER	Cheltenham Harriers	U17 Men											
8	366	Rhys HODNETT	Cardiff	U17 Men	45.75	NT	46.01	46.01	6	45.72	44.89	44.61	46.01	6	
9	365	Michael JENNINGS	Kingston Upon Hull A.C	U17 Men	53.12	52.68	52.37	53.12	3	54.50	56.38	55.15	56.38	1	
10	360	Jason ROBINSON	Chesterfield	U20 Men	34.01	NT	32.11	34.01	12	33.65	31.90	NT	34.01	12	
11	359	Luke HYLAND	Rugby And Northampton	U20 Men											
12	358	Alex BERROW	Tamworth Athletic Club	U20 Men	47.29	48.78	50.35	50.35	4	NT	50.05	52.84	52.84	4	
13	357	Peter MORGAN	Cardiff Aac	U20 Men	52.62	53.60	50.94	53.60	2	NT	51.24	NT	53.60	3	
14	356	Josh STEELE	Bedford & County Ac	U20 Men											
15	355	Chris SHORTHOUSE	Notts Ac	U20 Men	54.21	53.82	NT	54.21	1	NT	NT	54.67	54.67	2	
16	251	Mark WEARING	Chesterfield Ac	U20 Men											

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	365	Michael JENNINGS	Kingston Upon Hull A.C	56.38	9	371	B FLASH	Dacorum & Tring	45.07		
2	355	Chris SHORTHOUSE	Notts Ac	54.67	10	372	Michael TOMMEY	Gloucester	43.61		
3	357	Peter MORGAN	Cardiff Aac	53.60	11	373	Iain LAWRENCE	Marshall Milton Keynes	38.28		
4	358	Alex BERROW	Tamworth Athletic Club	52.84	12	360	Jason ROBINSON	Chesterfield	34.01		
5	368	Steven BRUNSDEN	Bournemouth Ac	49.02	13						
6	366	Rhys HODNETT	Cardiff	46.01	14					REFEREE'S SIGNATURE	
7	370	Sam CHAPPELL	Bournemouth Ac	45.53	15						
8	369	Joe BLOOMFIELD	Ipswich Harriers	45.22	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Discus (Gold)			TIME		15.45	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	271	Jake SCANLON	Lewes Ac	U17 Men	44.30	43.07	46.39	46.39	11	NT	NT	44.69	46.39	12	
2	201	Chris SCOTT	Guildford & Godalming	U20 Men	51.41	50.96	50.96	51.41	5	48.73	49.28	50.32	51.41	8	
3	219	Leslie RICHARDS	Trafford A.C.	Senior Men	43.28	NT	48.24	48.24	10	NT	52.69	49.18	52.69	5	
4	218	Simon COOKE	Chichester	Senior Men	NT	49.95	44.39	50.08	7	50.08	50.66	50.43	50.66	10	
5	217	Marcus GOULDBOURNE	Sale	Senior Men	54.20	54.52	NT	54.52	3	NT	53.03	NT	54.52	3	
6	216	Scot THOMPSON	Belgrave Harriers	Senior Men	45.53	NT	48.50	48.50	9	NT	47.55	NT	48.50	11	
7	215	Matthew BROWN	Enfield & Haringey	Senior Men	NT	49.12	51.16	51.16	6	51.37	NT	52.68	52.68	6	
8	214	Chris GAVIGLIO	Trafford	Senior Men	48.04	52.06	50.02	52.06	4	50.16	51.85	52.18	52.18	7	
9	213	Abdul BUHARI	Newham And Essex Beagle	Senior Men	55.82	NT	NT	55.82	2	54.52	NT	NT	55.82	2	
10	212	Emeka UDECHUKU	Woodford Green With Essex	Senior Men	58.93	NT	59.11	59.11	1	NT	57.69	56.69	59.11	1	
11	266	Curtis GRIFFITH-PARKER	Cambridge Harriers	U17 Men	47.09	50.75	NT	50.75	7	50.98	NT	49.72	50.98	9	
12	202	Elliot PRICE	City of Stoke	U20 Men	NT	NT	NT			NT	NT	53.12	53.12	4	
13															
14															
15															
16															

RESULT				RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1	212	Emeka UDECHUKU	Woodford Green With Essex L	59.11	9	266	Curtis GRIFFITH-PARKER	Cambridge Harriers	50.98				
2	213	Abdul BUHARI	Newham And Essex Beagles	55.82	10	218	Simon COOKE	Chichester	50.66				
3	217	Marcus GOULDBOURNE	Sale	54.52	11	216	Scot THOMPSON	Belgrave Harriers	48.50				
4	202	Elliot PRICE	City of Stoke	53.12	12	271	Jake SCANLON	Lewes Ac	46.39				
5	219	Leslie RICHARDS	Trafford A.C.	52.69	13								
6	215	Matthew BROWN	Enfield & Haringey	52.68	14					REFEREE'S SIGNATURE			
7	214	Chris GAVIGLIO	Trafford	52.18	15								
8	201	Chris SCOTT	Guildford & Godalming	51.41	16								

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Discus (Silver)			TIME		12.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres			
1	207	Greg WATKINS	Stockport Harriers	U17 Men											
2	258	Martin BARTHOLOMEW	City Of Stoke Ac	U17 Men	39.61	47.20	51.48	51.48	4	46.00	50.71	49.12	51.48	4	
3	203	Brett MORSE	Cardiff Aac	U20 Men	47.30	52.68	50.58	52.68	2	50.70	46.21	NT	52.68	2	
4	202	Elliot PRICE	City Of Stoke Ac	U20 Men	51.93	53.20	NT	53.20	1	50.63	NT	NT	53.20	1	
5	233	Jon LUNDMAN	Neb	Senior Men											
6	232	Benjamin STRINGER	British Wheelchair Athletics	Senior Men											
7	234	Jeremy TIGAR	Wsch	Senior Men											
8	230	Chris HUGHFF	Trafford Ac	Senior Men											
9	229	Dave BROWN	Liverpool Pembroke & Seft	Senior Men	33.85	33.98	33.51	33.98	9	31.82	32.55	34.48	34.48	9	
10	228	Chris GEARING	Belgrave Harriers	Senior Men											
11	227	David COLEMAN	Uwie	Senior Men											
12	226	Jeremy HARPER	North Down Athletics Club	Senior Men	43.36	NT	NT	43.36	8	NT	NT	NT	43.36	8	
13	225	Steven HALE	Birchfield Harriers	Senior Men	45.42	42.61	48.18	48.18	5	NT	NT	47.95	48.18	5	
14	224	Sam HERRINGTON	Birchfield	Senior Men	40.50	46.43	NT	46.43	6	45.45	NT	45.70	46.43	6	
15	223	Daniel GREAVES	Charnwood Athletic/Lough	Senior Men											
16	222	Sam WESTLAKE CANN	Shaftesbury Barnet Harrier	Senior Men											

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	202	Elliot PRICE	City Of Stoke Ac	53.20	9	229	Dave BROWN	Liverpool Pembroke & Sefton Har	34.48		
2	203	Brett MORSE	Cardiff Aac	52.68	10						
3	266	Curtis GRIFFITHS-PARKER	Cambridge H	52.25	11						
4	258	Martin BARTHOLOMEW	City Of Stoke Ac	51.48	12						
5	225	Steven HALE	Birchfield Harriers	48.18	13						
6	224	Sam HERRINGTON	Birchfield	46.43	14					REFEREE'S SIGNATURE	
7	221	Jamie WILLIAMSON	City Of Sheffield	45.53	15						
8	226	Jeremy HARPER	North Down Athletics Club	43.36	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29 2006				
EVENT		Men's Discus (Silver)			TIME		12.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres			
1	221	Jamie WILLIAMSON	City Of Sheffield	Junior Men	45.53	NT	NT	45.53	7	NT	41.63	45.18	45.53	7	
2	220	Josh LAMB	Crawley Ac	Senior Men											
3	266	Curtis GRIFFITHS-PARKER	Cambridge H	U17 Men	50.48	52.25	NT	52.25	3	49.98	50.65	51.99	52.25	3	
4															
5															
6															
7															
8															
9															
10															
11															
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
17					25						
18					26						
19					27						
20					28						
21					29						
22					30					REFEREE'S SIGNATURE	
23					31						
24					32						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Discus (Bronze)			TIME		15.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres			
1	208	Daniel CARLIN	Giffnock North Aac	U17 Men											
2	209	Steve WATSON	Dacorum And Tring Ac	U17 Men	NT	37.67	NT	37.67	8	NT	NT	NT	37.67	8	
3	254	Jason ROBINSON	Chesterfield	U20 Men											
4	253	Ben GRAHAM	Chesterfield	U20 Men	39.96	42.82	42.61	42.82	4	NT	42.40	NT	42.82	4	
5	252	Matt TOWNSEND	Wseh	U20 Men	40.32	38.32	NT	40.32	6	NT	NT	NT	40.32	7	
6	251	Mark WEARING	Chesterfield Ac	U20 Men	38.72	39.95	NT	39.95	7	NT	40.79	39.98	40.79	6	
7	250	Joel CAPPER	Enfield And Haringey	U20 Men	NT	40.45	NT	40.45	5	NT	42.30	42.75	42.75	5	
8	249	Angus MCINROY	Shaftesbury Barnet Harrier	U20 Men	NT	NT	51.57	51.57	1	48.58	48.82	48.89	51.57	2	
9	203	Brett MORSE	Cardiff AAC	U20 Men	NT	47.18	NT	47.18	3	50.07	51.61	50.20	51.61	1	
10	267	Jamie STEVENSON	Jersey Spartans AC	U17 Men	47.85	NT	44.98	47.85	2	46.54	44.88	49.17	49.17	3	
11															
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	203	Brett MORSE	Cardiff AAC	51.61	9						
2	249	Angus MCINROY	Shaftesbury Barnet Harriers	51.57	10						
3	267	Jamie STEVENSON	Jersey Spartans AC	49.17	11						
4	253	Ben GRAHAM	Chesterfield	42.82	12						
5	250	Joel CAPPER	Enfield And Haringey	42.75	13						
6	251	Mark WEARING	Chesterfield Ac	40.79	14					REFEREE'S SIGNATURE	
7	252	Matt TOWNSEND	Wseh	40.32	15						
8	209	Steve WATSON	Dacorum And Tring Ac	37.67	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Shot (Gold)			TIME		18.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	7	Curtis GRIFFITH-PARKER	Cambridge Harriers	U17 Men	16.61	17.39	17.60	17.60	2	18.34	18.31	NT	18.34	1	
2	1	Kieran MCCONNELL	Marshell Milton Keynes	U20 Men	16.65	NT	NT	16.65	7	NT	15.99	NT	16.65	8	
3	2	Jay THOMAS	Kent	U20 Men	NT	NT	12.79	12.79	10	15.87	15.58	16.28	16.28	9	
4	18	Kieren KELLY	Team Southampton	Senior Men											
5	17	Sam WESTLAKE-CANN	Shaftesbury Barnet Harrier	Senior Men	17.27	NT	16.31	17.27	5	NT	NT	NT	17.27	5	
6	16	Jamie WILLIAMSON	City Of Sheffield	Senior Men	17.45	NT	17.44	17.45	3	NT	NT	NT	17.45	4	
7	15	Dave READLE	Liverpool Pembroke	Senior Men											
8	14	Chris GEARING	Belgrave Harriers	Senior Men	16.54	16.85	NT	16.85	6	16.86	17.17	16.47	17.17	6	
9	13	Chris GAVIGLIO	Trafford	Senior Men	17.29	17.64	17.47	17.64	1	17.59	17.41	18.33	18.33	2	
10	12	Emeka UDECHUKU	Woodford Green With Esse	Senior Men	NT	17.39	NT	17.39	4	17.67	NT	NT	17.67	3	
11	267	Jamie STEVENSON	Jersey	U17 Men	16.38	NT	16.62	16.62	8	NT	15.80	16.78	16.78	7	
12	55	Mike WHEELER	Herne Hill Harriers	U17 Men	16.17	NT	16.24	16.24	9	NT	NT	NT	16.24	10	
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	7	Curtis GRIFFITH-PARKER	Cambridge Harriers	18.34	9	2	Jay THOMAS	Kent	16.28		
2	13	Chris GAVIGLIO	Trafford	18.33	10	55	Mike WHEELER	Herne Hill Harriers	16.24		
3	12	Emeka UDECHUKU	Woodford Green With Essex L	17.67	11						
4	16	Jamie WILLIAMSON	City Of Sheffield	17.45	12						
5	17	Sam WESTLAKE-CANN	Shaftesbury Barnet Harriers	17.27	13						
6	14	Chris GEARING	Belgrave Harriers	17.17	14						
7	267	Jamie STEVENSON	Jersey	16.78	15					REFEREE'S SIGNATURE	
8	1	Kieran MCCONNELL	Marshell Milton Keynes	16.65	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Shot (Silver)			TIME		13.15	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	52	Daniel CARLIN	Giffnock North Aac	U17 Men											
2	54	Jamie STEVENSON	Jersey Spartans Ac	U17 Men	15.96	16.19	16.37	16.37	1	16.26	16.30	NT	16.37	1	
3	3	Kieron MASON	Mmkac	U20 Men	NT	NT	14.18	14.18	7	NT	NT	NT	14.18	7	
4	2	Jay THOMAS	Kent Ac	U20 Men	15.06	15.07	14.71	15.07	3	NT	NT	NT	15.07	3	
5	57	Martin CRUTCHLEY	Cannock And Stafford Athle	F37 3Kg	11.77	10.80	11.15	11.77	10	NT	11.14	11.01	11.77	11	
6															
7	34	Daniel NOBBS	British Wheelchair Athletics	Senior Men											
8	30	Lee LOWER	British Wheelchair Athletics	Senior Men											
9	29	Cliff RUCHAT	Portsmouth (Disabled Clas	Senior Men											
10	28	Daniel WEST	Notts Ac	Senior Men											
11	27	Jeremy TIGAR	Wseh	Senior Men	9.17	NT	Withdrawn	9.17	12				9.17	12	
12	26	Matthew WOOLLEY	Mansfield Harriers And Ac	Senior Men	11.40	NT	NT	11.40	11	NT	NT	11.79	11.79	9	
13	25	Daniel BRUNT	City Of Sheffield Ac	Senior Men	13.67	13.37	14.24	14.24	6	14.15	14.23	NT	14.24	6	
14	24	Ben ROBERTS	Deeside Ac	Senior Men	NT	NT	12.61	12.61	8	NT	NT	NT	12.61	8	
15	23	Craig STURROCK	Gateshead Harriers Athletic	Senior Men	14.47	NT	14.39	14.47	5	15.01	14.56	NT	15.01	4	
16	22	John NICHOLLS	Sale Harriers Manchester	Senior Men											

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	54	Jamie STEVENSON	Jersey Spartans Ac	16.37	9	26	Matthew WOOLLEY	Mansfield Harriers And Ac	11.79		
2	19	Rob RUSSELL	Scarborough Ac	15.21	10	21	Anthony SOALLA-BELL	Shaftesbury Barnet Hariers	11.77		
3	2	Jay THOMAS	Kent Ac	15.07	11	57	Martin CRUTCHLEY	Cannock And Stafford Athletic Clu	11.77		
4	23	Craig STURROCK	Gateshead Harriers Athletics	15.01	12	27	Jeremy TIGAR	Wseh	9.17		
5	20	Scot THOMPSON	Belgrave Harriers	14.89	13						
6	25	Daniel BRUNT	City Of Sheffield Ac	14.24	14					REFEREE'S SIGNATURE	
7	3	Kieron MASON	Mmkac	14.18	15						
8	24	Ben ROBERTS	Deeside Ac	12.61	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest		VENUE	Birmingham Alexander Stadium			DATE	Saturday, July 29 2006					
EVENT		Men's Shot (Silver)		TIME	13.15	Record		UK Best						
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	21	Anthony SOALLA-BELL	Shaftesbury Barnet Harriers	Senior Men	11.41	11.77	NT	11.77	9	NT	NT		11.77	10
2	20	Scot THOMPSON	Belgrave Harriers	Senior Men	NT	14.55	NT	14.55	4	NT	14.89	14.76	14.89	5
3	19	Rob RUSSELL	Scarborough Ac	Senior Men	NT	15.21	NT	15.21	2	NT	14.92	15.14	15.21	2
4														
5														
6														
7														
8														
9														
10														
11														
12														
13														
14														
15														
16														

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
17					25						
18					26						
19					27						
20					28						
21					29						
22					30					REFEREE'S SIGNATURE	
23					31						
24					32						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Shot (Bronze)			TIME		15.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	8	Daniel MORRIS	Retford A C	U17 Men	11.92	12.16	NT	12.16	4	12.45	12.15	NT	12.45	4	
2	53	Ritchie WELLS	Swansea Harriers	U17 Men											
3	55	Michael WHEELER		U17 Men	16.12	15.28	NT	16.12	1	15.66	16.62	15.42	16.62	1	
4	9	Thomas SMITH	Lancaster & Morecambe Ac	U17 Men	14.63	13.98	14.76	14.76	3	NT	NT	14.11	14.76	3	
5	63	Martin BARTOLOMEW	City of Stoke AC	U17 Men	15.05	NT	14.29	15.05	2	15.57	14.60	NT	15.57	2	
6	64	James RENHARD	Cannock & Staffs	U17 Men											
7															
8	48	Sam WOPRALL	Derby Ac	U20 Men											
9	47	Brendan HALL	Birchfield Harriers	U20 Men											
10	46	Nicholas WEBB	Woking	U20 Men											
11															
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	55	Michael WHEELER		16.62	9						
2	63	Martin BARTOLOMEW	City of Stoke AC	15.57	10						
3	9	Thomas SMITH	Lancaster & Morecambe Ac	14.76	11						
4	8	Daniel MORRIS	Retford A C	12.45	12						
5					13						
6					14						
7					15						
8					16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Javelin (Gold)			TIME		18.45	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	107	Bonne BUWEMBO	Havering Mayesbrook Ac	U17 Men	56.67	55.72	nt	56.67	7	53.20	57.19	59.29	59.29	7	
2	101	James CAMPBELL	Cheltenham & County Harri	U20 Men	63.78	65.74	61.34	65.74	4	64.80	64.93	64.07	65.74	5	
3	124	Glyn HOLLINGWORTH	Coventry	Senior Men	61.58	62.00	60.06	62.00	5	59.25	59.93	59.48	62.00	6	
4	119	Chris HUGHFF	Trafford Ae	Senior Men											
5	118	Alex VAN-DER-MERWE	Unattached	Senior Men											
6	117	Lee DORAN	Enfield & Haringey/Uwic	Senior Men											
7	116	Neil MCLELLAN	Snhac	Senior Men	69.48	70.27	nt	70.27	2	69.47	69.56	71.56	71.56	2	
8	115	Dorel GRETA	Sale Harriers Manchester	Senior Men	NT	NT	60.30	60.30	6	61.33	66.04	65.54	66.04	4	
9	114	David PARKER	Shaftesbury Barnet Harrier	Senior Men	66.21	67.23	65.45	67.23	3	NT	NT	66.56	67.23	3	
10	113	Michael ALLEN	Abbey A.C.	Senior Men											
11	112	Nick NIELAND	Shaftesbury Barnet Harrier	Senior Men	74.44	NT	75.14	75.14	1	76.13	NT	78.12	78.12	1	
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	112	Nick NIELAND	Shaftesbury Barnet Harriers	78.12	9						
2	116	Neil MCLELLAN	Snhac	71.56	10						
3	114	David PARKER	Shaftesbury Barnet Harriers	67.23	11						
4	115	Dorel GRETA	Sale Harriers Manchester	66.04	12						
5	101	James CAMPBELL	Cheltenham & County Harriers	65.74	13						
6	124	Glyn HOLLINGWORTH	Coventry	62.00	14						
7	107	Bonne BUWEMBO	Havering Mayesbrook Ac	59.29	15						
8					16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Javelin (Silver)			TIME		11.45	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	109	Jamie BROADEY	Afd	U17 Men	45.56	X	X	45.56	13	46.53	48.18	48.84	48.84	12	
2	108	Daniel PEMBROKE	Wseh	U17 Men	61.76	58.82	54.84	61.76	3	50.43	53.96	58.90	61.76	3	
3	103	James HOPLEY	Telford Ac	U20 Men											
4	102	Stuart HARVEY	Blackheath & Bromley Harri	U20 Men	59.61	60.42	X	60.42	4	59.32	X	58.86	60.42	6	
5															
6	134	Chris WATTS	Marshall Milton Keynes	Senior Men	28.20	28.07	27.88	28.20	14	30.07	X	29.68	30.07	14	
7	133	Kieron MURPHY	Birchfield Harriers	Senior Men											
8	132	Jeremy TIGAR	Wseh	Senior Men	45.13	X	46.24	46.24	12	46.59	46.81	X	46.81	13	
9	131	Robert EGGLETON	City Of Stoke Ac	Senior Men	50.30	X	49.51	50.30	10	54.82	48.52	52.00	54.82	11	
10	130	Wayne POWELL	Gloucester	Senior Men											
11	129	Allandre JOHNSON	Herne Hill Harriers	Senior Men	45.34	48.12	46.27	48.12	11	54.41	56.05	58.96	58.96	9	
12	128	Ian BURNS	Gateshead	Senior Men	X	59.68	X	59.68	6	58.21	59.07	59.91	59.91	7	
13	127	Felix HATTON	Kingston Ac & Polytechnic	Senior Men	X	54.40	58.05	58.05	8	59.83	X	60.55	60.55	5	
14	126	Chris SMITH	Arbroath And District	Senior Men	X	61.90	61.37	61.90	2	61.47	61.61	60.67	61.90	2	
15	125	Jon LUNDMAN	Neb	Senior Men	59.17	X	57.11	59.17	7	57.72	X	X	59.17	8	
16	124	Glyn HOLLINGWORTH	Coventry	Senior Men	61.92	57.50	60.65	61.92	1	59.54	62.12	59.12	62.12	1	

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	124	Glyn HOLLINGWORTH	Coventry	62.12	9	129	Allandre JOHNSON	Herne Hill Harriers	58.96		
2	126	Chris SMITH	Arbroath And District	61.90	10	122	Duncan MACDONALD	Tvh	57.43		
3	108	Daniel PEMBROKE	Wseh	61.76	11	131	Robert EGGLETON	City Of Stoke Ac	54.82		
4	121	Rhys WILLIAMS	Swansea Harriers	61.19	12	109	Jamie BROADEY	Afd	48.84		
5	127	Felix HATTON	Kingston Ac & Polytechnic Ha	60.55	13	132	Jeremy TIGAR	Wseh	46.81		
6	102	Stuart HARVEY	Blackheath & Bromley Harrier	60.42	14	134	Chris WATTS	Marshall Milton Keynes	30.07	REFEREE'S SIGNATURE	
7	128	Ian BURNS	Gateshead	59.91	15						
8	125	Jon LUNDMAN	Neb	59.17	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29 2006				
EVENT		Men's Javelin (Silver)			TIME		11.45	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	123	Simon BENNETT	Woodford Green	Senior Men											
2	122	Duncan MACDONALD	Tvh	Senior Men	55.82	X	X	55.82	9	57.43	57.36	X	57.43	10	
3	121	Rhys WILLIAMS	Swansea Harriers	Senior Men	57.13	X	59.84	59.84	5	X	61.19	60.51	61.19	4	
4	120	Gerard PAISH-PLUNKETT	Sale Harriers	Senior Men											
5															
6															
7															
8															
9															
10															
11															
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
17					25						
18					26						
19					27						
20					28						
21					29						
22					30					REFEREE'S SIGNATURE	
23					31						
24					32						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Men's Javelin (Bronze)			TIME		15.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	168	Ken CHURCHILL	Durham City Harriers	F37-600gr											
2	148	Nathan STEPHENS		F57-600gr											
3															
4	157	Michael STEELE-MARTIN	Brighton & Hove City Ac	U17 Men	39.06	NT	38.14	39.06	8	NT	39.69	41.32	41.32	8	
5	156	Dave HOLLOW	City Of Plymouth Athletics C	U17 Men	NT	NT	47.17	47.17	6	48.16	51.42	NT	51.42	5	
6	155	Luke PETERS	Mansfield Ac	U17 Men	45.69	46.06	NT	46.06	7	NT	47.52	NT	47.52	7	
7	154	Matthew HUNT	Hull Achilles	U17 Men	49.25	49.41	54.55	54.55	2	47.49	52.73	50.53	54.55	2	
8	153	Brett BRYD	Tamworth Ac		50.33	45.15	54.67	54.67	1	54.72	53.22	48.30	54.72	1	
9	152	S PORTER	Preston Harriers	U17 Men											
10	147	Jason ROBINSON	Chesterfield	U20 Men											
11	146	Andrew ALLAN	Liverpool Harriers	U20 Men	46.63	46.38	49.81	49.81	5	49.96	43.63	48.98	49.96	6	
12	145	Richard WOOLLEY	Mansfield Harriers & Ac	U20 Men	53.15	53.42	53.53	53.53	3	53.80	52.94	53.64	53.80	3	
13	144	Dan BRUNSDEN	Bournemouth Ac	U20 Men	52.01	52.35	53.26	53.26	4	NT	50.40	NT	53.26	4	
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	153	Brett BRYD	Tamworth Ac	54.72	9						
2	154	Matthew HUNT	Hull Achilles	54.55	10						
3	145	Richard WOOLLEY	Mansfield Harriers & Ac	53.80	11						
4	144	Dan BRUNSDEN	Bournemouth Ac	53.26	12						
5	156	Dave HOLLOW	City Of Plymouth Athletics Club	51.42	13						
6	146	Andrew ALLAN	Liverpool Harriers	49.96	14					REFEREE'S SIGNATURE	
7	155	Luke PETERS	Mansfield Ac	47.52	15						
8	157	Michael STEELE-MARTIN	Brighton & Hove City Ac	41.32	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Hammer (Gold)			TIME		15.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	310	Hayley MURRAY	Nuneaton Harriers	U17 Women	44.82	43.69	43.64	44.82	10	NT	44.73	45.86	45.86	10	
2	304	Sarah HOLT	Sale Harriers Manchester/L	U20 Women	50.93	NT	NT	50.93	9	50.12	NT	NT	50.93	9	
3	336	Monique BUCHANAN	Woodford Green	Senior Women	50.00	53.49	50.92	53.49	6	NT	48.14	51.04	53.49	7	
4	335	Joanne JOHN	Windsor Slough Eton	Senior Women	51.56	50.76	NT	51.56	8	53.61	51.11	NT	53.61	6	
5	334	Rachel GAIR	Mansfield Harriers & A C	Senior Women	53.17	NT	NT	53.17	7	NT	NT	48.44	53.17	8	
6	333	Susan MCKELVIE	Edinburgh Southern Harrie	Senior Women	52.23	55.72	55.71	55.72	5	55.21	56.63	NT	56.63	5	
7	332	Laura DOUGLAS	Sale Harriers Manchester	Senior Women	56.90	59.82	NT	59.82	2	nt	55.22	55.06	59.82	3	
8	331	Lesley BRANNAN	Birchfield	Senior Women	56.15	59.67	57.57	59.67	3	59.76	56.40	58.11	59.76	4	
9	330	Elizabeth CARTER	Essex Ladies And Woodfor	Senior Women											
10	329	Zoe DERHAM	Birchfield	Senior Women	60.42	60.76	61.81	61.81	1	64.28	61.19	57.94	64.28	1	
11	328	Shirley WEBB	Trafford	Senior Women	NT	NT	56.81	56.81	4	NT	62.56	64.26	64.26	2	
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	329	Zoe DERHAM	Birchfield	64.28	9	304	Sarah HOLT	Sale Harriers Manchester/Lough	50.93		
2	328	Shirley WEBB	Trafford	64.26	10	310	Hayley MURRAY	Nuneaton Harriers	45.86		
3	332	Laura DOUGLAS	Sale Harriers Manchester	59.82	11						
4	331	Lesley BRANNAN	Birchfield	59.76	12						
5	333	Susan MCKELVIE	Edinburgh Southern Harriers	56.63	13						
6	335	Joanne JOHN	Windsor Slough Eton	53.61	14					REFEREE'S SIGNATURE	
7	336	Monique BUCHANAN	Woodford Green	53.49	15						
8	334	Rachel GAIR	Mansfield Harriers & A C	53.17	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Hammer (Silver)			TIME		12.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	374	Kate YHNELL	Gloucester Ac	U17 Women	NT	39.09	NT	39.09	10	42.34	39.77	NT	42.34	8	
2	311	Vicky JOHNSON	Liverpool Harriers	U17 Women	38.73	41.36	nt	41.36	8	nt	40.91	NT	41.36	10	
3	306	Rhiannon MCNALLY	Unattached	U20 Women	49.13	45.66	51.00	51.00	1	50.25	49.92	50.67	51.00	2	
4	305	Rachel BLACKIE	Blackheath & Bromley H &	U20 Women											
5	354	Joanne BENNET	Marshalls Milton Keynes												
6	350	Michelle PILKINGTON	Dunboyne Ac	Senior Women	24.86	25.12	27.32	27.32	13	NT	26.04	NT	27.32	14	
7	349	Odette BUTSON	Sutton And District	Senior Women	NT	29.46	NT	29.46	12	NT	NT	NT	29.46	12	
8	348	Melanie LEE	Oldham & Royton Harriers	Senior Women	NT	26.30	26.63	26.63	14	28.53	NT	NT	28.53	13	
9	347	Beth SEWELL	Cardiff	Senior Women	35.28	35.92	NT	35.92	11	36.30	37.71	NT	37.71	11	
10	346	Nicola JACKSON	Wakefield	Senior Women											
11	345	Lisa Marie SHIPPEN	Gateshead Harriers	Senior Women											
12	344	Anna HOWARD	Cardiff Ac	Senior Women	41.91	39.51	40.25	41.91	7	NT	38.49	42.69	42.69	7	
13	343	Bola OGUN	Exeter Harriers	Senior Women	41.77	41.41	45.20	45.20	5	44.50	44.27	43.73	45.20	5	
14	342	Jemma KELLY	Trafford	Senior Women											
15	341	Joanne DAVISON	Worthing District Harriers	Senior Women	43.56	41.71	46.54	46.54	4	42.22	NT	NT	46.54	4	
16	340	Janet SMITH	Wseh	Senior Women	40.18	40.11	NT	40.18	9	42.11	NT	NT	42.11	9	

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	338	Lucy MARSHALL	Rugby & Northamtopn	52.50	9	340	Janet SMITH	Wseh	42.11		
2	306	Rhiannon MCNALLY	Unattached	51.00	10	311	Vicky JOHNSON	Liverpool Harriers	41.36		
3	339	Andrea JENKINS	Bedford	47.88	11	347	Beth SEWELL	Cardiff	37.71		
4	341	Joanne DAVISON	Worthing District Harriers	46.54	12	349	Odette BUTSON	Sutton And District	29.46		
5	343	Bola OGUN	Exeter Harriers	45.20	13	348	Melanie LEE	Oldham & Royton Harriers & A.C	28.53		
6	337	Helen ARNOLD	Trafford Ac	44.21	14	350	Michelle PILKINGTON	Dunboyne Ac	27.32	REFEREE'S SIGNATURE	
7	344	Anna HOWARD	Cardiff Ac	42.69	15						
8	374	Kate YHNELL	Gloucester Ac	42.34	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29 2006				
EVENT		Women's Hammer (Silver)			TIME		12.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	339	Andrea JENKINS	Bedford	Senior Women	45.00	44.88	47.88	47.88	3	47.49	NT	NT	47.88	3	
2	338	Lucy MARSHALL	Rugby & Northampton	Senior Women	47.52	49.54	50.30	50.30	2	50.61	52.50	51.46	52.50	1	
3	337	Helen ARNOLD	Trafford Ac	Senior Women	44.21	NT	42.56	44.21	6	41.97	42.24	42.90	44.21	6	
4															
5															
6															
7															
8															
9															
10															
11															
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
17					25						
18					26						
19					27						
20					28						
21					29						
22					30					REFEREE'S SIGNATURE	
23					31						
24					32						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Hammer (Bronze)			TIME		16.15	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	380	Emma RENHARD	Cannock And Staffs	U17 Women	17.39	16.53	17.77	17.77	9	17.86	15.53	17.86	17.86	10	
2	379	Lucy ROBERTS	Chesterfield & District Ac	U17 Women	23.66	NT	23.97	23.97	8	NT	NT	NT	23.97	9	
3	378	Nikita MORGAN	Gloucester Ac	U17 Women	NT	NT	NT			28.93	NT	33.46	33.46	6	
4	377	Gabraelle MCNALLY	Abbey Ac	U17 Women	28.48	28.48	27.76	28.48	7	29.48	NT	NT	29.48	8	
5	376	Zoe ASH	Rugby & Northampton	U17 Women	35.63	37.88	32.31	37.88	5	36.46	NT	NT	37.88	5	
6	375	Sadie WATTS	Marshall Milton Keynes	U17 Women	39.82	40.30	38.81	40.30	3	39.48	37.92	37.02	40.30	3	
7															
8															
9	364	Katie SPOONER	Yate And Distrist Athletics Cl	U20 Women	NT	NT	32.93	32.93	6	32.60	NT	NT	32.93	7	
10	363	Chloe EDWARDS	Hunts Ae	U20 Women											
11	362	Stacey LEBOND	Rotherham Harriers & A C	U20 Women	NT	37.11	39.12	39.12	4	NT	NT	36.66	39.12	4	
12	361	Nicola STEVENSON	Bridgend	U20 Women	44.89	43.25	44.61	44.89	2	43.88	NT	43.22	44.89	2	
13	305	Rachel BLACKIE	Blackheath & Bromley	U20 Women	53.23	53.80	NT	53.80	1	52.24	NT	53.68	53.80	1	
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	305	Rachel BLACKIE	Blackheath & Bromley	53.80	9	379	Lucy ROBERTS	Chesterfield & District Ac	23.97		
2	361	Nicola STEVENSON	Bridgend	44.89	10	380	Emma RENHARD	Cannock And Staffs	17.86		
3	375	Sadie WATTS	Marshall Milton Keynes	40.30	11						
4	362	Stacey LEBOND	Rotherham Harriers & A C	39.12	12						
5	376	Zoe ASH	Rugby & Northampton	37.88	13						
6	378	Nikita MORGAN	Gloucester Ac	33.46	14					REFEREE'S SIGNATURE	
7	364	Katie SPOONER	Yate And Distrist Athletics Clu	32.93	15						
8	377	Gabraelle MCNALLY	Abbey Ac	29.48	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Discus (Gold)			TIME		18.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	210	Shaunagh BROWN	Blackheath & Bromley Harriers	U17 Women	45.22	NT	NT	45.22	9	NT	45.72	46.01	46.01	9	
2	204	Jade LALLY	Belgrave	U20 Women	37.28	44.56	43.92	44.56	10	41.78	NT	NT	44.56	11	
3	268	Eden FRANCIS	Leicester Coritanians	U20 Women	41.49	44.29	43.35	44.29	11	44.90	41.81	NT	44.90	10	
4	242	Kirsty LAW	Shaftesbury Barnet Harriers	Senior Women	50.89	NT	49.93	50.89	5	47.83	NT	NT	50.89	5	
5	240	Sarah HENTON	Blackburn Harriers	Senior Women	44.70	46.88	46.64	46.88	6	46.25	NT	NT	46.88	7	
6	247	Navdeep DHALIWAL	Shaftesbury Barnet	Senior Women	43.11	46.40	44.61	46.40	8	46.73	46.39	48.44	48.44	6	
7	238	Emma BEALES	Marshall Milton Keynes Ac	Senior Women	45.20	NT	46.55	46.55	7	NT	44.51	45.37	46.55	8	
8	243	Claire SMITHSON	Brighton Hove City	Senior Women	53.49	54.90	55.22	55.22	2	56.73	56.10	52.52	56.73	2	
9	246	Emma CARPENTER	Exeter Harriers	Senior Women	47.03	54.04	NT	54.04	3	56.37	52.98	NT	56.37	4	
10	239	Kara NWIDOBIE-SHARPE	Blackpool & Fylde Ac	Senior Women	49.52	52.92	NT	52.92	4	56.43	53.63	52.12	56.43	3	
11	244	Philippa ROLES	Sale	Senior Women	58.67	59.34	59.29	59.34	1	59.44	NT	59.56	59.56	1	
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	244	Philippa ROLES	Sale	59.56	9	210	Shaunagh BROWN	Blackheath & Bromley Harriers At	46.01		
2	243	Claire SMITHSON	Brighton Hove City	56.73	10	268	Eden FRANCIS	Leicester Coritanians	44.90		
3	239	Kara NWIDOBIE-SHARPE	Blackpool & Fylde Ac	56.43	11	204	Jade LALLY	Belgrave	44.56		
4	246	Emma CARPENTER	Exeter Harriers	56.37	12						
5	242	Kirsty LAW	Shaftesbury Barnet Harriers	50.89	13						
6	247	Navdeep DHALIWAL	Shaftesbury Barnet	48.44	14					REFEREE'S SIGNATURE	
7	240	Sarah HENTON	Blackburn Harriers	46.88	15						
8	238	Emma BEALES	Marshall Milton Keynes Ac	46.55	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Discus (Silver)			TIME		13.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	259	Katy-Louise PAYNE	Corby Ac	U17 Women	28.62	34.83	35.98	35.98	6	34.76	NT	30.16	35.98	6	
2	211	Katie WICKMAN	North Devon Ac	U17 Women											
3	265	Sophie HANCOCK	N/A	F38 1.5Kg											
4	206	Jenny SCOTT	Birmingham Rowheath	U20 Women	NT	37.32	35.70	37.32	5	35.66	35.32	35.67	37.32	5	
5	205	Gemma LLEWELLYN	Liverpool Harriers	U20 Women	40.75	41.86	43.60	43.60	3	40.33	34.70	43.53	43.60	3	
6	268	Eden FRANCIS	Leicester Coritarians	U17 Women	46.97	46.83	48.20	48.20	1	42.14	46.32	NT	48.20	1	
7	210	Shaunagh BROWN	Blackheath & Bromley	U20 Women	NT	45.53	42.89	45.53	2	44.13	41.44	43.61	45.53	2	
8	241	Andrea JENKINS	Bedford	Senior Women	40.64	38.90	42.41	42.41	4	42.68	37.44	39.90	42.68	4	
9	248	Melanie HARRISON	Havering Mayesbrook A.C.	Senior Women											
10	245	Eva MASSEY	Belgrave	Senior Women											
11	210	Shaunagh BROWN		U17 Women											
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	268	Eden FRANCIS	Leicester Coritarians	48.20	9						
2	210	Shaunagh BROWN	Blackheath & Bromley	45.53	10						
3	205	Gemma LLEWELLYN	Liverpool Harriers	43.60	11						
4	241	Andrea JENKINS	Bedford	42.68	12						
5	206	Jenny SCOTT	Birmingham Rowheath	37.32	13						
6	259	Katy-Louise PAYNE	Corby Ac	35.98	14					REFEREE'S SIGNATURE	
7					15						
8					16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Discus (Bronze)			TIME		16.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	263	Kate PERCIVAL	Halesowen A&Cc	U17 Women	21.35	29.99	28.96	29.99	9	29.01	26.72	30.19	30.19	9	
2	262	Elycia METAXAS-BELT	Corby	U17 Women	22.23	35.06	28.52	35.06	7	36.55	25.69	NT	36.55	6	
3	261	Sarah-Jane PERRY	Coventry Godiva Harriers	U17 Women	35.36	35.53	NT	35.53	5	NT	31.47	38.03	38.03	4	
4	260	Hannah EVENDEN	Leeds City A.C	U17 Women	36.95	NT	36.93	36.95	4	35.56	37.63	37.83	37.83	5	
5	259	Katy-Louise PAYNE	Corby AC	U17 Women	33.84	32.09	35.46	35.46	6	33.28	35.82	NT	35.82	7	
6	272	Jessica PALMER	Birchfield Harriers	U20 Women	NT	34.77	34.23	34.77	8	32.73	NT	NT	34.77	8	
7	274	Natalie WALSH	Liverpool Pembroke And S	U20 Women	37.33	35.93	36.49	37.33	2	37.68	38.54	37.45	38.54	2	
8	257	Hannah JAMES	Horsham Blue Star Harriers	U20 Women	36.13	37.16	37.08	37.16	3	37.28	36.60	38.34	38.34	3	
9	256	Chloe BECKETT	Trafford Ac	U20 Women	39.17	39.64	37.92	39.64	1	41.08	38.75	37.28	41.08	1	
10	255	Ruth HAY	Corby Ac	U20 Women											
11															
12	265	Sophie HANCOCK		F40 0.75kg	NT	18.27	15.94	18.27	10	17.93	20.00	15.01	20.00	10	
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	256	Chloe BECKETT	Trafford Ac	41.08	9	263	Kate PERCIVAL	Halesowen A&Cc	30.19		
2	274	Natalie WALSH	Liverpool Pembroke And Sefto	38.54	10	265	Sophie HANCOCK		20.00		
3	257	Hannah JAMES	Horsham Blue Star Harriers	38.34	11						
4	261	Sarah-Jane PERRY	Coventry Godiva Harriers	38.03	12						
5	260	Hannah EVENDEN	Leeds City A.C	37.83	13						
6	262	Elycia METAXAS-BELT	Corby	36.55	14					REFEREE'S SIGNATURE	
7	259	Katy-Louise PAYNE	Corby AC	35.82	15						
8	272	Jessica PALMER	Birchfield Harriers	34.77	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Shot (Gold)			TIME		15.45	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	10	Rachel WALLADER	Halesowen A&Cc	U17 Women	9.65	11.71	11.91	11.91	9	11.17	11.94	11.11	11.94	9	
2	4	Eden FRANCIS	Leicester Coritnian Ac	U20 Women	14.00	13.39	14.11	14.11	6	NT	13.73	NT	14.11	6	
3	58	Kim MINETT	City Of Portsmouth Athletic	F40 3Kg											
4	40	Kelly SOTHERTON	Birchfield Harriers	Senior Women	13.76	13.02	13.67	13.76	7	NT	13.43	NT	13.76	7	
5	39	Sally HINDS	Swansea Harriers	Senior Women	NT	13.86	14.18	14.18	5	NT	14.02	NT	14.18	5	
6	38	Alison RODGER	Sale Harriers Manchester	Senior Women	13.27	NT	13.11	13.27	8	NT	NT	NT	13.27	8	
7	37	Eleanor GATRELL	Woking Ac	Senior Women	13.86	14.07	14.46	14.46	4	14.52	13.97	14.72	14.72	4	
8	36	Rebecca PEAKE	Sale	Senior Women	NT	14.88	NT	14.88	3	14.93	NT	NT	14.93	3	
9	35	Philippa ROLES	Sale	Senior Women											
10	34	Eva MASSEY	Belgrave	Senior Women	14.83	15.55	NT	15.55	2	NT	14.10	14.37	15.55	2	
11	33	Joanne DUNCAN	Woodford Green With Essex	Senior Women	14.90	16.05	14.31	16.05	1	15.21	NT	NT	16.05	1	
12	59	Bev JONES	West Cheshire AC	F37 3Kg	8.23	NT	NT	8.23	10	NT	NT	9.55	9.55	10	
13															
14															
15															
16															

RESULT				RESULT					JUDGES' SIGNATURES		
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	33	Joanne DUNCAN	Woodford Green With Essex L	16.05	9	10	Rachel WALLADER	Halesowen A&Cc	11.94		
2	34	Eva MASSEY	Belgrave	15.55	10	59	Bev JONES	West Cheshire AC	9.55		
3	36	Rebecca PEAKE	Sale	14.93	11						
4	37	Eleanor GATRELL	Woking Ac	14.72	12						
5	39	Sally HINDS	Swansea Harriers	14.18	13						
6	4	Eden FRANCIS	Leicester Coritnian Ac	14.11	14					REFEREE'S SIGNATURE	
7	40	Kelly SOTHERTON	Birchfield Harriers	13.76	15						
8	38	Alison RODGER	Sale Harriers Manchester	13.27	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest		VENUE	Birmingham Alexander Stadium			DATE	Saturday, July 29, 2006					
EVENT		Women's Shot (Silver)		TIME	12.00	Record		UK Best						
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1	60	Sophie HANCOCK	N/A											
2	56	Chelsea COOPER	Stoke Ac	U17 Women										
3	44	K NGONO	Stoke Mandeville Guttman	U17 Women										
4	50	Sophie THOMAS	City Of Salisbury Arc	U20 Women	11.51	NP	11.12	11.51	3	11.39	11.53	11.27	11.53	3
5	49	Laura GOMERY	Birchfield Harriers	U20 Women	11.01	NP	NP	11.01	5	11.05	11.04	11.06	11.06	5
6	6	Bethany STANILAND	Leeds City Ac	U20 Women										
7	5	Liz MILLWARD	Birchfield Harriers	U20 Women	12.02	NP	11.93	12.02	2	12.24	NP	12.15	12.24	2
8	4	Eden FRANCIS	Leicester Coritnian Ac	U20 Women	14.22	14.40	14.18	14.40	1	NP	NP	NP	14.40	1
9	58	Kim MINETT	City Of Portsmouth Athletic	F40 3Kg	6.14	6.34	6.25	6.34	8	6.44	5.89	6.13	6.44	8
10	45	Aileen WILSON	Woodfrod Green	Senior Women	10.50	NP	10.23	10.50	6	Np	NP	10.46	10.50	6
11	44	Kirsty LAW	Shaftesbury Barnet Harrier	Senior Women										
12	43	Laura KERR	Wseh	Senior Women										
13	42	Rachel CORK	Uwic Ac	Senior Women	11.08	11.07	11.19	11.19	4	11.04	11.00	10.92	11.19	4
14	41	Laura WHITTINGHAM	Wakefield District Harriers	Senior Women										
15	61	Amelia Reynolds	Telford AC	U15/U17 4Kg	9.75	NP	8.76	9.75	7	9.36	9.34	NP	9.75	7
16														

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	4	Eden FRANCIS	Leicester Coritnian Ac	14.40	9						
2	5	Liz MILLWARD	Birchfield Harriers	12.24	10						
3	50	Sophie THOMAS	City Of Salisbury Arc	11.53	11						
4	42	Rachel CORK	Uwic Ac	11.19	12						
5	49	Laura GOMERY	Birchfield Harriers	11.06	13						
6	45	Aileen WILSON	Woodfrod Green	10.50	14						
7	61	Amelia Reynolds	Telford AC	9.75	15						
8	58	Kim MINETT	City Of Portsmouth Athletics C	6.44	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Javelin (Gold)			TIME		17.15	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	110	Sarah-Anne DE-KREMER	Corby	U17 Women	NT	37.49	NT	37.49	7	NT	36.73	35.41	37.49	7	
2	104	Rosie SEMENYTSH	Wseh	U20 Women	40.48	37.55	33.57	40.48	5	40.37	41.79	33.52	41.79	5	
3	142	Anna PRICE	Royal Sutton Coldfield Athl	Senior Women											
4	141	Kelly SOTHERTON	Birchfield Harriers	Senior Women											
5	140	Michelle LONSDALE	Wakefield District Harriers	Senior Women											
6	170	Justine ROBERSON	South Africa (Guest)	Senior Women	57.43	57.02	NT	57.43	1	NT	NT	56.52	57.43	1	
7	171	Sunette VIRJONEN	South Africa (Guest)	Senior Women	24.63	47.90	29.39	47.90	3	42.15	47.14	NT	47.90	3	
8	139	Louise WATTON	Shaftesbury Barnett Harrie	Senior Women	41.79	42.95	43.97	43.97	4	42.35	43.36	47.84	47.84	4	
9	138	Laura KERR	Wseh	Senior Women											
10	137	L WHITTINGHAM	Wakefield District Harriers	Senior Women	45.94	49.24	44.09	49.24	2	47.78	49.05	47.26	49.24	2	
11	136	Lauren THERIN	Channel Islands Ac	Senior Women	NT	40.32		40.32	6				40.32	6	
12	135	Joanna BLAIR	Birchfield Harriers	Senior Women											
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	170	Justine ROBERSON	South Africa (Guest)	57.43	9						
2	137	L WHITTINGHAM	Wakefield District Harriers And	49.24	10						
3	171	Sunette VIRJONEN	South Africa (Guest)	47.90	11						
4	139	Louise WATTON	Shaftesbury Barnett Harriers	47.84	12						
5	104	Rosie SEMENYTSH	Wseh	41.79	13						
6	136	Lauren THERIN	Channel Islands Ac	40.32	14					REFEREE'S SIGNATURE	
7	110	Sarah-Anne DE-KREMER	Corby	37.49	15						
8					16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Women's Javelin (Silver)			TIME		13.15	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	167	Katherine MCBETH	Coventry Godiva Harrias	U17 Women	27.44	28.22	26.55	28.22	9	27.09	25.80	26.08	28.22	9	
2	166	Amelia REYNOLDS	Telford Athletic Club	U17 Women											
3	165	Claire LEBOND	Rotherham Harriers & A C	U17 Women	27.33	25.05	26.72	27.33	12	25.51	NT	26.52	27.33	12	
4	164	Amie KEVAN	Preston Harriers	U17 Women	27.73	26.33	27.69	27.73	11	27.09	NT	27.70	27.73	11	
5	163	Ashleigh BECKETT	Nestle Rowntrees Ac	U17 Women	29.44	27.84	28.39	29.44	7	NT	NT	32.41	32.41	6	
6	162	Rachel WILLIAMS	Snhac (Stevenage)	U17 Women											
7	161	Sam CULLINANE	Coventry Godiva Harriers	U17 Women	31.13	28.73	32.30	32.30	6	31.52	32.21	28.32	32.30	7	
8	160	Thereza OLIVER-SMITH	Rotherham Harriers	U17 Women	27.49	28.41	27.56	28.41	8	28.15	27.93	29.42	29.42	8	
9	159	Sadie WATTS	Marshall Milton Keynes	U17 Women	28.17	25.82	26.95	28.17	10	27.07	Withdrawn		28.17	10	
10	158	Jemma TEWKESBURY	Dorchester Ac	U17 Women	35.25	36.28	36.72	36.72	2	32.39	33.36	33.51	36.72	2	
11	111	Simone HUGGINS-WARD	Coventry Godiva Harriers	U17 Women	35.01	36.43	35.19	36.43	3	35.84	32.20		36.43	3	
12															
13	151	Jade SURMAN	Birchfield Harriers	U20 Women	33.93	31.77	35.15	35.15	4	31.08	NT	31.96	35.15	4	
14	150	Chloe BECKETT	Trafford Ac	U20 Women	NT	38.52	34.86	38.52	1	35.88	34.93	38.59	38.59	1	
15	149	Kylie CLARKE	Carmarthen Harriers	U20 Women	32.50	34.52	32.98	34.52	5	NT	33.16	32.74	34.52	5	
16	106	Lucy BOGGIS	Radley A.C.	U20 Women											

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	150	Chloe BECKETT	Trafford Ac	38.59	9	167	Katherine MCBETH	Coventry Godiva Harrias	28.22		
2	158	Jemma TEWKESBURY	Dorchester Ac	36.72	10	159	Sadie WATTS	Marshall Milton Keynes	28.17		
3	111	Simone HUGGINS-WARD	Coventry Godiva Harriers	36.43	11	164	Amie KEVAN	Preston Harriers	27.73		
4	151	Jade SURMAN	Birchfield Harriers	35.15	12	165	Claire LEBOND	Rotherham Harriers & A C	27.33		
5	149	Kylie CLARKE	Carmarthen Harriers	34.52	13						
6	163	Ashleigh BECKETT	Nestle Rowntrees Ac	32.41	14					REFEREE'S SIGNATURE	
7	161	Sam CULLINANE	Coventry Godiva Harriers	32.30	15						
8	160	Thereza OLIVER-SMITH	Rotherham Harriers	29.42	16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest			VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Disabled Shot			TIME		15.30	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		
1	270	Bernie DOOLAN			5.62	5.81	5.57	5.81	5	5.76	5.17	5.43	5.81	5	
2	148	Nathan STEPHENS			10.16	9.80	10.16	10.16	2	9.98	10.56	10.76	10.76	1	
3		Danny WEST													
4	31	Danny NOBBS			7.09	7.25	7.00	7.25	4	7.15	7.25	7.10	7.25	4	
5	29	Cliff RUCHET			9.92	10.47	9.81	10.47	1	9.83	NT	10.30	10.47	2	
6	234	Lee LOWER			7.94	8.21	7.95	7.95	3	7.89	7.55	7.99	8.21	3	
7		Sally REDDIN													
8															
9															
10															
11															
12															
13															
14															
15															
16															

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	148	Nathan STEPHENS		10.76	9						
2	29	Cliff RUCHET		10.47	10						
3	234	Lee LOWER		8.21	11						
4	31	Danny NOBBS		7.25	12						
5	270	Bernie DOOLAN		5.81	13						
6					14					REFEREE'S SIGNATURE	
7					15						
8					16						

UK ATHLETICS: DISTANCE CARD

MEETING		uka: Throws Fest		VENUE		Birmingham Alexander Stadium		DATE		Saturday, July 29, 2006				
EVENT		Disabled Club & Discus		TIME		18.00	Record		UK Best					
Order	No	NAME	CLUB	Age Group	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position
					Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres	
1														
2														
3														
4		Kieron Murphy		Club F32										
5	275	Thomas GREEN		Club F31	NT	12.21	18.37	18.37	5	11.90	14.86	3.54	18.37	5
6														
7	62	Danny WEST		F34 1 kg	33.93	NT	36.40	36.40	1	37.63	35.81	35.67	37.63	1
8	235	Dave GALE		F51 1 kg	9.09	9.62	8.19	9.62	7	9.07	9.23	9.14	9.62	7
9	270	Bernie Doolan		F32 1kg										
10	148	Nathan Stephens		F57 1kg	30.11	34.92	34.55	34.92	2	32.62	31.68	33.05	34.92	2
11	273	Ben Stringer		F57 1kg	31.44	32.29	NT	32.29	3	30.87	32.37	28.05	32.37	3
12	234	Lee LOWER		F56 1kg	22.63	22.93	23.58	23.58	4	22.87	19.79	22.75	23.58	4
13	236	Richard SCHEBEL		F51 1 kg	8.42	NT	8.23	8.42	8	7.81	7.21	8.38	8.42	8
14	269	Stephen MILLER		F32 1 kg	13.93	13.92	NT	13.93	6	NT	14.01	NT	14.01	6
15		Kieron Murphy												
16														

RESULT					RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	62	Danny WEST		37.63	9						
2	148	Nathan Stephens		34.92	10						
3	273	Ben Stringer		32.37	11						
4	234	Lee LOWER		23.58	12						
5	275	Thomas GREEN		18.37	13						
6	269	Stephen MILLER		14.01	14					REFEREE'S SIGNATURE	
7	235	Dave GALE		9.62	15						
8	236	Richard SCHEBEL		8.42	16						